



THE MISSION IN 2005: RESEARCH

Research Study and 2005 Status

Acuity: (closed) a randomized drug study of Angiomax and Heparin

Coratus VEGF2: (open) an innovative study of gene therapy and placebo treatment

COSTAR II: (open) a device study of COSTAR and Taxus drug-eluting coronary stents

Exact: (open) a carotid device study to collect clinical outcome and device data performance

Fusion II: (open) a heart failure drug study to evaluate efficacy and safety in the outpatient setting

Improve-IT: (open) a drug study to evaluate clinical drug benefits for patients with stabilized acute coronary syndrome

Inflame: (closed) a peripheral study based on an MCRF protocol

IVUS: (closed to new enrollment) a drug study to slow the progression of atherosclerosis

Resist: (open) a device study of renal artery stents and embolic protection devices

Spider: (closed) a device study of percutaneous interventional treatment of vein graft lesions in patients with bypass surgery

Registries

Fox Hollow Talon: (closed enrollment) a registry for data on demographics, plaque excision procedures and follow-up results for patients with peripheral arterial disease

MCRF Peripheral Vascular Registry: (open) (patent pending) a quality initiative registry to collect data online on patients undergoing peripheral vascular interventions

THE MISSION IN 2005: EDUCATION

Annual Conference

“Cardiovascular Intervention and Practice Guidelines 2005” presented October 7-8, in Davenport, Iowa. Over 175 physicians and allied health care professionals were briefed on guidelines and new aspects of interventional and general cardiology during this two-day event.

Community Health Education and Awareness

“Learn about Your Heart...Made Simple” was published in its 2nd edition and distributed nationally by HMP Communications, Malvern, PA. Final distribution of the remainder of the original 50,000 copies of its 1st edition, published as a community education book in 2004 through generous grants from Quad-City area supporters, was completed. Information on the 2nd edition can be found at www.yourheartmadesimple.com.

MCRF Website @ www.mcrfmd.com

Continual updates to the website make it a valuable, ongoing educational tool for information on the latest foundation clinical trials, programs, projects, news and events.

The Jesse Stoakes Student Research Award

The award for a summer research stipend is available to qualified high school or college students interested in pursuing a career in research or a medical profession.

MCRF Speakers

Staff members and affiliated health care professionals are available to address community groups of any size on the activities of the Foundation and cardiovascular health.



“Building the future of cardiovascular care through research and education”



THE MISSION

To prolong and improve the quality of life in the communities we serve by conducting and disseminating findings of high quality cardiovascular clinical research.

President and Research Director

Nicolas Shammas, MS, MD

Associate Research Director

Eric Dippel, MD

Board of Directors

Nicolas Shammas, MS, MD

Eric Dippel, MD

Peter Toth, MD, PhD

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MCRF Staff

Penny Stoakes, RN, BS,

CCRC, Senior Research

Coordinator

Caroline Sloane, RN, BS,

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Denise Coiner, MS, RTR,

Research Coordinator

Maureen Koepke,

Office Manager

Jan Harper,

Education and

Public Relations Coordinator

Jeannette Byrd,

Clinical Assistant



2005 was a year of tremendous growth for Midwest Cardiovascular Research Foundation. Several milestones allowed us to address our mission of research and education. The foundation was active in over 12 research studies, thanks to the growth of our research staff from one full-time coordinator to three, and the addition of a clinical research assistant. Our offices moved from the downtown location to our own headquarters building more centrally located to better serve our patient populations. Thanks to these significant achievements, the foundation is well-positioned for an active 2006:

- ♥ **JANUARY** - Finalized the development of the Peripheral Vascular Registry, featuring online data acquisition of patient being treated for peripheral vascular disease. The Registry will allow MCRF's investigators to answer quality and research issues related to the methods and outcomes of treating patients with blockages in their legs and kidneys.
- ♥ **FEBRUARY** - Several research studies moved to MCRF from the Genesis Health Services Foundation. MCRF becomes the focus institution for cardiovascular research trials.
- ♥ **APRIL** - Building purchased at 1622 East Lombard Street, Davenport, Iowa to better access the Genesis Heart Institute and its Adler Educational Theater.
- ♥ **MAY** - MCRF initiated the renovation of its headquarters building.
- ♥ **JUNE** - Selected as one of only 32 sites in the United States to participate in an innovative gene therapy study, the Coratus VEGF2 trial, in which patients with non-treatable coronary disease can participate in cutting-edge technology involving injections to allow new blood vessels to grow in the heart.
- ♥ **JULY** - Foundation offices moved from downtown Davenport to the Lombard Street location.
- ♥ **AUGUST** - Penny Stoakes, RN, BS, CCRC, an experienced cardiovascular research coordinator, is hired as Senior Research Coordinator.
- ♥ **SEPTEMBER** - Patient database developed to allow computerized tracking of the large number of patients involved in the research projects conducted by the Foundation. The database provides scheduled visits, procedures and follow-up per patient, per protocol.

- ♥ **OCTOBER** - Jeannette Byrd hired as Clinical Research Assistant. Cardiovascular Interventions and Practice Guideline (CIPG) 2005, an annual two-day conference for physicians and allied health care professionals, is presented in Davenport, Iowa to over 175 attendees. CIPG proceedings are posted on the Foundation's website: www.mcrfmd.com
- ♥ **NOVEMBER** - *Learn about Your Heart...Made Simple*, 2nd edition, the Foundation's community education book for heart health awareness, published and released for national distribution by HMP Communications, Malvern, PA. Marketed to over 60,000 health care professionals, the book is part of a national education initiative between HMP Communications and MCRF.
- ♥ **DECEMBER** - Caroline Sloane, RN, BS and Denise Coiner, MS, RTR are hired as Research Coordinators. The Jesse Stoakes Student Research Award is announced. The award will be made available to qualified high school or college students who plan to pursue a career in health care and/or research. The award is named for Jesse Stoakes, son of Penny and David Stoakes, who died at age 16 from injuries received in a car accident.

Nicolas Shammas, MS, MD
President and Research Director

2005 FINANCIAL STATUS

STATEMENT OF ASSETS, LIABILITIES AND NET ASSETS*

(As of December 31, 2005)

| | |
|-------------------------------------|--------------|
| TOTAL ASSETS | \$410,778.00 |
| TOTAL LIABILITIES | \$344,364.00 |
| | |
| TOTAL LIABILITIES AND NET ASSETS | \$410,778.00 |

STATEMENT OF REVENUE AND EXPENSE*

(January through December, 2005)

| | |
|---------------------------|--------------|
| TOTAL INCOME | \$751,290.00 |
| TOTAL EXPENSE | \$530,853.00 |
| INCREASE IN NET ASSETS | \$220,437.00 |

*Steven D. Landauer, CPA

(Contributions to Midwest Cardiovascular Research Foundation are tax-deductible by its status as a 501 (c) (3) foundation for research, scientific and educational purposes under the U.S. Internal Revenue Code)

THE VISION

To create a consortium of Clinical Investigators throughout the Midwest capable of developing and conducting large clinical trials and performing regional educational activities for health care professionals and the general public for the recognition, treatment and prevention of cardiovascular disease.