



MIDWEST CARDIOVASCULAR  
RESEARCH FOUNDATION

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## 2004 ACTIVITIES

### RESEARCH

Support new knowledge of medical equipment, pharmaceuticals and practices

### HEALTH EDUCATION AND AWARENESS

Educate and encourage the public to identify and eliminate heart health risks

### PROFESSIONAL EDUCATION AND TRAINING

Increase knowledge, skills and techniques among heart physicians and allied health care professionals

### COMMUNITY EDUCATION

Provide members of the community with opportunities to learn and implement better heart health practices to reduce risks of cardiovascular disease

### MANAGEMENT AND GENERAL

Facilitate direction, financial management, planning and coordination of the foundation's goals and activities

### FUNDRAISING\*

Support the research, scientific and educational activities of the foundation by obtaining financial support from pharmaceutical and medical equipment companies served by the foundation, as well as from the community

\*Contributions to Midwest Cardiovascular Research Foundation are tax-deductible by its status as a 501 ( c ) ( 3 ) foundation for research, scientific and educational purposes under the U.S. Internal Revenue Code

### 2004 STAFF

Nicolas Shammas, MS, MD, President and Research Director

Shari Lemke, RN, BSN, Executive Administrator

Monica Youngblut, RN, BSN, Manager for Clinical Research

Maureen Koepke, Administrative Assistant

Jan Harper, Project Assistant

563-324-2828

[www.mcrfmd.com](http://www.mcrfmd.com)



# 2004 Annual Report

Working together to improve heart health



**THE MISSION**

To prolong and improve the quality of life in the communities we serve by conducting and disseminating findings of high quality cardiovascular clinical research.

**BOARD OF DIRECTORS**

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EXECUTIVE ADMINISTRATOR  
Shari Lemke, RN, BSN

EXECUTIVE OFFICE  
US Bank Center  
201 West 2<sup>nd</sup> Street, #710  
Davenport, Iowa 52801  
563-324-2828  
563-324-2835 (fax)

**WEBSITE**  
<http://www.mcrfmd.com>



2004 was a year of accomplishments amid rapid growth of our young foundation:

- ♥ JANUARY Continued development and improvement of the MCRF website
- ♥ FEBRUARY Development of the Peripheral Interventional Data base begins
- ♥ APRIL Executive Administrator Shari Lemke joined by Administrative Assistant Maureen Koepke
- ♥ JUNE Manager for Clinical Research Monica Youngblut, and Jan Harper Project Assistant join MCRF
- ♥ AUGUST Cardiovascular Interventions and Practice Guidelines (CIPG) 2004, a 2-day national educational conference, held for physicians and allied health care professionals
- ♥ AUGUST CIPG 2004 Proceedings (309pp.) released containing 27 physicians' and allied health care professionals' conference presentations
- ♥ SEPTEMBER Learn about Your Heart...Made Simple (244+pp.) released; almost 50,000 books distributed free at over 100 locations throughout the community; made possible through grants from Bechtel Trusts & Foundation, Cardiovascular Medicine PC, Genesis Health Services Foundation, Riverboat Development Authority and Scott County Regional Authority
- ♥ OCTOBER Clinical Research Conference presented to physicians and allied health care professionals, in conjunction with Genesis Medical Center, to teach researchers optimal ways to perform clinical trials under federal regulations
- ♥ DECEMBER Clinical Research Coordinator Training presented by MCRF staff at its office in downtown Davenport

Nicolas Shammass, MS, MD  
President and Research Director

**2004  
FINANCIAL STATUS**

**STATEMENT OF ASSETS,  
LIABILITIES AND NET ASSETS\***  
(As of December 31, 2004)

TOTAL ASSETS	89,711.90
TOTAL LIABILITIES	229,852.11
NET ASSETS	
Fund Balance	1,557.47
Net Income	-141,697.68
TOTAL NET ASSETS	-140,140.21
TOTAL LIABILITIES AND NET ASSETS	89,711.90

**STATEMENT OF REVENUE  
AND EXPENSE\***  
(January through December, 2004)

TOTAL INCOME	476,008.06
TOTAL EXPENSE	617,705.74
EXCESS EXPENSES OVER REVENUE	-141,697.68

\*Steven D. Landauer, CPA

**MCRF AFFILIATES . . .**

CGH Medical Center, Sterling, Illinois  
Genesis Heart Institute, Davenport, Iowa  
Innovis Health, Fargo, North Dakota

**. . . WORKING TOGETHER TO IMPROVE HEART HEALTH**

**THE VISION**

To create a consortium of affiliate research sites throughout the Midwest capable of developing and conducting large clinical trials and performing regional educational activities for health care professionals and the general public for the recognition, treatment and prevention of cardiovascular disease.